

Reboot // Wrath discussion guide

Ice Breaker:

What is your pet peeve?

Starters:

What stood out to you the most in this sermon?

Make it personal:

This is the last time you got angry and reacted in a way you regret?

What experiences have you had with difficult and messy process of forgiveness?

How have you learned to involve God in your emotions of anger?

How can patience and forgiveness serve as guardrails for anger?

How would you describe the difference God's anger and human anger?

Digging deeper:

Read Exodus 34:6-7. What does this passage show about God's anger and God's person? How does this passage in the Old Testament relate to advice given in James 1:19?

What practical ways could you live out Ephesians 4:26-27?

Practice:

Check out our daily devotionals, 10 Minutes With God at rockhills.com or join us at our Digging Deeper group on Wednesday nights 7pm via Zoom (link at rockhills.com)